

Bolton United Harriers present the
Bolton 10km

Sunday 26th April 2020
Starting at 10.00am
Leverhulme Park, Long Lane, Bolton, BL2 6EX

COURSE: Two laps on undulating roads around and within Leverhulme Park, incorporating a Grandstand start and finish

*Entry: £15 Affiliated or £17 Unaffiliated
£2 extra for on the day entry*

Race Conditions

Minimum age: 15

Race Limit 800

No entries on the day if reached, No earphones to be worn

Registration indoor track

Collect race chip & number on the day

More info on Buh website - www.boltonunitedharriers.co.uk

Prizes- Mens 1st 5 open age, 1st U/20, 1st O/40/45/50/55/60/65/70, 1st Team (3 to score)
Ladies 1st 5 open age, 1st U/20, 1st O/35/40/45/50/55/60/65, 1st Team (3 to score)

One individual prize per person. Race is in age category except main race, all prizes at race organisers discretion

Please use BLOCK CAPITALS

Surname: _____ Forename: _____

Address: _____

Post Code: _____ DoB: _____ Age on day of race: _____ Sex: M/F

Email: _____

Mobile No: _____ Emergency contact number: _____

UKA Club: _____ UKA Reg. No: _____

Medical Conditions: _____ Fee Enclosed:£ _____

Waiver: I am an amateur as defined by the rules of UK Athletics and agree to abide by their rules. I accept there is a level of risk in endurance running. By starting the race, I declare I am medically fit and understand the organisers and supporters will not be held responsible for any loss, injury, illness or damage which may result from my taking part. I give consent for my personal and medical details to be released by the medical team to the Race Organiser (to inform next-of-kin and statutory authorities) in the event of a medical emergency.

Date: _____

Signature(AND signature of parent or guardian if under 18 years of age)

Mail entry form to : Bolton 10k, 92 Turton Road, Bolton, BL2 3DY. Cheques payable to 'Bolton United Harriers & AC'. No SAE required, collect number and chip on the day. Or enter online via- www.bookitzone.com . Closing date for postal entries 19th April. Online 22nd April